



# MATS UNIVERSITY

MATS university school of Fashion Designing & Technology

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## NOTICE

No. MU/MSFDT

Date: 20/06/2019

This is to inform all the students of MATS University, School of Fashion Designing & Technology that the department is going to organize special **"YOGA CLASS" on 29/06/2019 (Saturday)**. Experts from the **"ISHA FOUNDATION"** will teach you the different yoga posture with their benefits to human body. It is compulsory for all students of the department to be present in yoga class on time with proper descent yoga costume.

Date : 29/06/2019

Timing : 9:00 am TO 11:00 pm

Venue : Mats School of Fashion Designing & Technology (MSFDT DEPT)



Mrs. Parvinder Kaur

H.O.D

Mats School Of Fashion Designing & Technology